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Headteacher Dr Roger Harris

1 July 2022

Dear Parents and Carers

We are writing from the Community Ambassador Programme to invite you to attend an amazing and important event, the *Flowin and Glowin Festival*, taking place on Sunday 10 July from 10:30 am to 4:00 pm at The Garage, Norwich.

The event is part of the [Young Norfolk Arts Festival](#), which runs from Friday 1 July to Sunday 10 July.

As Community Ambassadors, our group aims to make change within our community, whether it be on a small scale (within our school) or globally. We have taken time to research social action projects and discover what challenges communities face in the world. Our group has decided to focus on two main topics that all five of us are very passionate about: period poverty and refugees.

We have found a UK based organisation called *Bloody Good Period* which focuses on providing support for asylum seekers and refugees who menstruate and cannot afford period products, which are not a luxury but a necessity.

Did you know that 2.3 billion people around the world live without basic sanitation and, on a smaller scale, 27% of menstruators in the UK have missed a day or more of school due to their period? This has a detrimental impact on the education of the individual having to deal with this, with many in addition struggling to cope without having even the basic necessary products.

We recently held a fundraising bake sale and tombola event which raised over £242 for *Bloody Good Period*, which helped us prepare for planning our larger event. This day long festival will not only raise awareness and reduce the stigma around period poverty, but also raise money for our chosen charity, *Bloody Good Period*.



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The *Flowin and Glowin Festival* is a fantastically exciting day of events – a celebration of all things menstrual as well as equality in our community, with a special focus on raising awareness and funds for refugees living with period poverty.

This celebration includes zumba and yoga sessions, drag bingo, cabaret, live music, face-painting, fun refreshments (including bubble tea...!) as well as information on how we can support and welcome the refugee community. There will be an opportunity not only to donate money, but also any period products which will be made available for free to those most in need.

To book your tickets please go to [The Garage: What's On](#).

For further information please email sarah.witcomb@thegarage.org.uk

Thank you for your support with the bake sale and tombola and we hope that you can come along to the *Flowin and Glowin Festival* on 10 July.

Best wishes

Anya, Juliette, Edith, Hattie and Lilly
The Community Ambassador Team