

<b>Year 7</b>	<b>Future Pathways Attributes for Success</b>	<b>Character Development Media Balance</b>	<b>RSHE Friendships &amp; Relationships</b>	<b>Health &amp; Wellbeing Pt 1 Puberty</b>	<b>Health &amp; Wellbeing Pt 2 Active Bystander Training / Personal Finance</b>	<b>Citizenship Modern Britain</b>
<b>Lessons</b>	<ol style="list-style-type: none"> <li>Why study PD?</li> <li>Leadership</li> <li>Organisation</li> <li>Resilience</li> <li>Initiative</li> <li>Communication</li> </ol>	<ol style="list-style-type: none"> <li>Using the Edge to track my personal development</li> <li>Social Media: Safe &amp; Private</li> <li>Cyberbullying</li> <li>Relationships online</li> <li>Screen time</li> <li>Library visit lesson (One-off)*</li> </ol>	<ol style="list-style-type: none"> <li>Keeping safe &amp; positive relationships</li> <li>Keeping good friendships</li> <li>Falling in love</li> <li>Family relationships</li> <li>FGM &amp; Honour-based violence</li> </ol>	<ol style="list-style-type: none"> <li>Puberty – When and why</li> <li>Periods</li> <li>Personal hygiene</li> <li>How can we manage our anger</li> <li>Changes to the mind – Depression and body image</li> <li>Digital footprint</li> </ol>	<ol style="list-style-type: none"> <li>What is sexism and sexist language</li> <li>What is the impact of sexism and sexist language</li> <li>Sexual harassment bystander training</li> <li>Needs, wants and budgeting</li> <li>Value for money</li> </ol>	<ol style="list-style-type: none"> <li>Fundamental British values</li> <li>What is democracy?</li> <li>Multiculturalism</li> <li>Communities</li> <li>UK Parliament</li> <li>Criminal Justice System</li> </ol>
<b>Year 8</b>	<b>Future Pathways Your future</b>	<b>Character Development Respect for each other</b>	<b>RSHE Identity and LGBTQ Explored</b>	<b>Health &amp; Wellbeing Pt 1 Addiction</b>	<b>Health &amp; Wellbeing Pt2 Addiction (Continued)</b>	<b>Citizenship Law, Crime and Society</b>
<b>Lessons</b>	<ol style="list-style-type: none"> <li>Careers and your future</li> <li>From failure to success</li> <li>Employment and financial management</li> </ol>	<ol style="list-style-type: none"> <li>Bullying or Banter</li> <li>Sexism &amp; Sexual Harassment</li> <li>Child-on-Child abuse</li> </ol>	<ol style="list-style-type: none"> <li>What does sexual orientation mean?</li> <li>Gender and Trans Identity</li> </ol>	<ol style="list-style-type: none"> <li>Screen addiction</li> <li>Vaping, nicotine &amp; addiction</li> <li>Why do people use drugs?</li> </ol>	<ol style="list-style-type: none"> <li>Energy drinks</li> <li>Binge drinking</li> </ol>	<ol style="list-style-type: none"> <li>Why people break the law</li> <li>County Lines</li> <li>Consequences of crime</li> </ol>
<b>Year 9</b>	<b>Future Pathways Finding your path</b>	<b>Character Development Mental Health</b>	<b>RSHE Intimate Relationships</b>	<b>Health &amp; Wellbeing Pt 1 Financial Health</b>	<b>Health &amp; Wellbeing Pt2 Discrimination</b>	<b>Citizenship Human Rights</b>
<b>Lessons</b>	<ol style="list-style-type: none"> <li>Choices and skills</li> <li>I Can Be A... / NCS computer lesson</li> <li>Employability – Applying and preparing</li> <li>Employment rights</li> <li>Pay slips and tax</li> <li>6th Form lesson</li> </ol>	<ol style="list-style-type: none"> <li>What is the key to confidence?</li> <li>Depression</li> <li>How can I manage stress?</li> <li>Managing social anxiety</li> <li>Eating disorders</li> <li>Mindfulness and meditation</li> </ol>	<ol style="list-style-type: none"> <li>Consent</li> <li>Contraception</li> <li>The dangers of image sharing</li> <li>Truth about pornography</li> <li>FGM</li> </ol>	<ol style="list-style-type: none"> <li>Recap – Money choices and risks</li> <li>Interest</li> <li>Financial exploitation</li> <li>Scams</li> <li>Terms and conditions</li> </ol>	<ol style="list-style-type: none"> <li>Discrimination and hate crimes</li> <li>Sex and gender discrimination</li> <li>Disability Discrimination</li> <li>Racism and religious discrimination</li> <li>Age discrimination</li> <li>Discrimination against sexual orientation</li> </ol>	<ol style="list-style-type: none"> <li>Privilege</li> <li>What are human rights?</li> <li>Refugees and Asylum Seekers</li> <li>Human Trafficking</li> <li>Fake news and radicalisation</li> <li>Human rights - How can we make a difference?</li> </ol>

Other opportunities for students to include:

- external speakers
- professional First Aid session (Y9)
- visits by the local police station about crime in our area (all years)