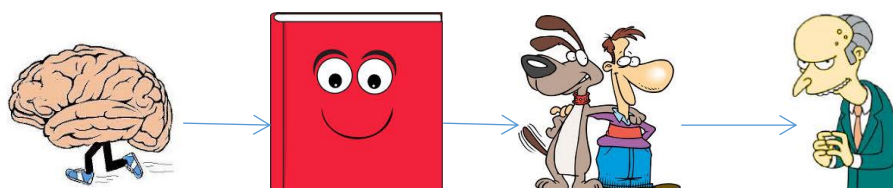


Resilience – Taking responsibility for our learning at THS.



One of the greatest challenges for all schools as we move deeper in the 21st century is to further develop a learning culture in our schools which enables young people to become increasingly resilient. Many employers talk about resilience being the top of their list of qualities that they want to see in future employees and this is a reflection of the demands, stresses and ever varying challenges of professional life in the global workplace. So what are we doing at Taverham High School to encourage our students to adopt positive learning habits?

- ‘4 Bs’ policy in lessons: Students are becoming accustomed to the ‘brain-book-buddy-boss’ system whereby they are expected to use the first 3 ‘Bs’ when working on a task before resorting to asking the ‘boss’ (teacher) for clarification.
- ‘Ban the Boss’ day – 2nd October 2015: This day aims to be a springboard to regularly adopting responsible learning habits. In each lesson on this day there will be at least one ‘Ban the Boss’ activity where students will be expected to complete a task using only their brains, books (or other resources) and their buddies.
- Ongoing focus on becoming responsible learners in lessons – reminding students that ‘struggling’ is a positive and necessary part of learning.

How can you help at home?

- Demonstrate/model sticking at things even when they are challenging
- Talk about how you feel when taking on challenges
- Praise your child when they persevere, but also encourage them to take a break when they have had enough
- Help them to find activities that are really absorbing
- Talk to them about how to concentrate and manage distractions

How can you help with homework?

- Encourage your child to look through their notes and persevere if they are struggling
- Remind them to seek advice from their teacher well in advance of the hand in deadline
- Guide them in independent research

Throughout the year we will be publishing 3 newsletters on resilience at THS. Future newsletters will focus on what we have been doing in school; as well as practical tips for parents as to how you can continue promoting these skills at home.