

Parents/Carers – Years 7 to 10

1 July 2025

Dear Parent/Carer

### Sports Day – Friday 4 July 2025

Sports day is fast approaching and is being held on **Friday 4 July 2025** (weather permitting). It is important that your child/ward is prepared for the day and is crucial that they have plenty of water with them. There will be access to water fountains so please ensure they have a refillable bottle with them, and drinks will be available at break and lunch times. They will also need to bring sun cream with them, sunglasses, and hats are also advisable as we expect the weather to be hot.

If your child/ward has medical needs, please ensure that they bring any inhalers or medication to school with them that they may need during the day. Sports day will run the same way as it did last year. However, this year we will use the main hall as a shaded space so that students can take breaks from the sun when required, especially if your child/ward burns in the sun easily or suffers with heat stroke.

If they become unwell during the day, they must visit First Aid which will be located centrally on the field. The first aiders are aware who their vulnerable students are and will check in with them throughout the day.

We are hoping for good weather and for the day to be a positive experience for all students, in whatever capacity they take part. We are offering traditional athletic events, but also alternative sports such as football, tennis, table tennis and badminton, so please encourage your child/ward to take part in some way in which they are comfortable with.

Please could your child/ward attend school on Friday in their school PE kit, or house colour t-shirt:

- **Earth:**        **Green**
- **Jupiter:**     **Yellow**
- **Mars:**         **Red**
- **Neptune:**    **Blue**

Any questions or queries please do not hesitate to contact me on [s\\_church@taverhamhigh.org](mailto:s_church@taverhamhigh.org)

Yours faithfully



Mrs S Church  
PE Department 2 i/c and organiser of Sports Day

