



A Parent's Guide to Supporting your Child with Distance Learning

April 2020

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About this guide

This guide offers a wide range of tools and links to support you and your child when learning from home. It includes information on how to set out a home learning routine, managing behaviour at home, supporting the wellbeing of your child and where to get further help. Please familiarise yourself with this booklet and contact the relevant member of staff if you require assistance or support.

The idea of educating and supporting your child with their studies at home for an unspecified time during the coronavirus pandemic can be daunting, but you are not alone. It is important to remember that nobody is expecting perfection and the situation is very new to everyone. Nobody is expecting you to be working with your child from 8:30am to 3:00pm. This isn't practical and in a typical school day, your child's teacher splits their time between 30 students. At home, there may be fewer distractions, but your child will need to develop independent learning skills as you will not be able to oversee the completion of every task. You may find your child gets through their home learning tasks in a fraction of this time. The amount of work your child should be doing each day is largely dependent on what year group your child is in, their ability and the work that teachers are setting on ShowMyHomework. It will specify the time your child should dedicate to individual pieces of work.

If you have not got a parent login and are unsure how to access this platform then please contact our student support team on studentsupport@taverhamhigh.org

For technical support enquiries contact our IT team on itsupport@taverhamhigh.org

For our Students and Parent ShowMyHomework User Guide visit: <http://bit.ly/thsonlinelearning>

Top Tips for Home Learning

We have summarised our 12 top tips for home learning.

1. Establish a manageable and agreed routine or timetable for home learning.
2. Home learning is very different to learning at school. Plan a timetable for 3-4 hours a day.
3. Split sessions into smaller, manageable chunks of time. Perhaps 30/45 minute time frames.
4. Build in breaks and rewards for learning.
5. Establish a work space that is free from distractions.
6. Mix online work with off line work to provide variety in learning.
7. Schedule practical/family time in for each day, for example, cooking or exercising.
8. If a task is becoming too difficult and causing disengagement, stop and come back to it later. Communicate with staff through ShowMyHomework if you do not understand a task.
9. Plan the next day the night before or use the to-do list on ShowMyHomework to plan the week ahead.
10. At the end of every day, ask your child to share their work, talk through what they have learnt and encourage them to be proud of their efforts.
11. If things are not going well, the next hour or day is always a fresh start.
12. Every child is different. Find a process that works for your child.

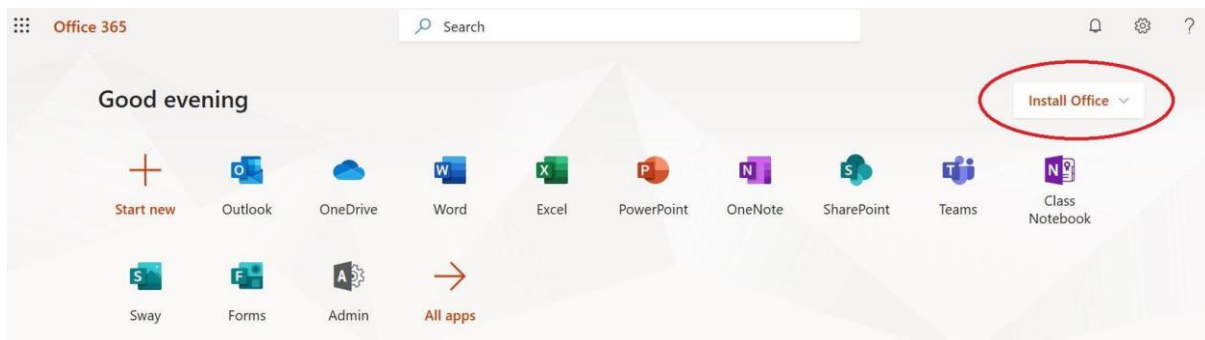
These will be explained in more detail throughout the booklet.

Installing Microsoft Office 365

Downloading and installing Microsoft Office 365 is not a requirement. Students can still access all their school work without installing Office - by visiting our school website and clicking on Office 365.

If you have a home device whether it be a PC, laptop, Mac, tablet or smart phone, your child can install the Microsoft Office 365 Desktop suite on up to 5 devices (for free). If you want to download the software and use the desktop version (so Office is installed locally to your device), ask your child to log in to Office 365 on a browser (via our school website) and then on the first screen you will see an option to install.

Download and install to your machine and when prompted, ensure your child signs in with their usual Taverham High School email address and password to licence the product.



For smart phones, search for Microsoft Office on your phone's app store.

As a school, we have collated some websites through this booklet which your child could use to support their learning whilst at home. These websites are external to our organisation so it's important to remember that these sites may change and become unsafe since we created this document. We have done our best to check each site's creditability, however, there are some easy ways you can check too.

Please ensure if you are using any of the sites in our booklet, or any websites a friend or family member may have recommended, you can follow some simple steps to keep you and your family safe online.

- 1) Check that there is no unsafe content:

<https://transparencyreport.google.com/safe-browsing/search>

- 2) If you're signing up to a website, ensure to read their Privacy Policy which will contain how they will handle your data and where your data will be stored. This is very important and will help to keep you and your family's data safe whilst surfing online. Please notify us if you have any concerns about any of the websites we have listed and we will investigate.



We recognise that students may be spending more time online at home over the coming period and so e-Safety is critically important. We have detailed some places where support can be accessed to help your child stay safe online.



Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline. For parents, students and staff.

Home activity packs have been created to support parents during COVID-19 and the closure of schools. Each fortnight, Thinkuknow will be releasing new home activity packs with simple 15 minute activities you can do with your child to support their online safety at a time when they will be spending more time online at home.

Student Mobile Support Apps

<p>Childline App</p>  <p>From advice to message boards, you can now get everything you need from Childline in an app.</p> <p>Search App Store: Childline For Me</p>	<p>BBC OwnIt App</p>  <p>The Own It app helps you take control of your online life! Download from your Apple or GooglePlay app store.</p> <p>Search App Store: BBC Own It</p>
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HM Government

HM Government Guidance for parents and carers: Keeping children safe online

HM Government have updated their information for parents and carers to include a section on keeping children safe online. It provides links to online resources that will help support parents and carers in keeping their children safe online.

Full details can be found in section 6.3 of the guidance for parents and carers on the closure of educational settings:

<https://www.gov.uk/government/publications/closure-of-educational-settings-information>



The poster features the HM Government logo on the left and the NHS logo on the right. The central text reads: 'CORONAVIRUS PROTECT YOURSELF & OTHERS'. Below this, it says 'Use soap and water or a hand sanitiser when you:' followed by a bulleted list: '• Get home or into work', '• Blow your nose, sneeze or cough', and '• Eat or handle food'.

Correct at time of distribution 01.04.2020

Reporting Online Concerns

If you have any concerns then support can be accessed through these providers:



www.saferinternet.org.uk

UK Safer Internet Centre

The **UK Safer Internet Centre**, where you can find online safety tips, advice and resources to help children and young people stay safe online.



www.ceop.police.uk

CEOP

Are you worried about online sexual abuse or the way someone has been communicating with you online? Make a report to one of **CEOP's** Child Protection

internet
matters.org

www.internetmatters.org

Internet Matters

Helping Parents To Keep Children Safe Online. Find Out How You Can Help. Download Our Free Expert Safety Guide For Advice On Your Child's Online Safety. Free Tips and Advice. Watch Our Resources. Explore Privacy Settings. Listen To Expert Advice.

Net Aware

www.net-aware.org.uk

Net Aware

Net Aware brings together the NSPCC's expertise in protecting children and O2's tech know-how, we've got everything you need to help you keep your kids safe.



www.parentinfo.org

Parent Info

Help and advice for families in a digital world. **Parent Info** is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents

Setting out a routine

It is important to take some time to adjust to your new daily lives and plan a structure that you feel is realistic for everyone to work to. Every day may be different and reacting to the needs of your child is important to reduce any additional pressure you are applying on one another. Take your time to get your home learning environment prepared and consider the factors that would cause your child to disengage with their work.

Support your child to process this change as they will be finding this difficult too. The best way for you all to process what is going on is to talk about it. Discuss what they think might happen. Listen to their concerns and reassure them. The news can be very damaging to our young people as they become anxious about key headlines and statistics. It is inevitable that the news for the coming weeks and months will be dedicated to COVID-19 but sheltering your child from this can improve their mental health during this unprecedented time. Consider what and how often they are exposed to on the news and discuss with them how this news may impact them directly and indirectly.

When setting a routine, it is important that you reassure your child with the certainty of a routine and schedule. This is what they experience daily at Taverham High School and it is this structure that promotes their learning as it provides them with security. Decide on the time frame your child will be working during each day and what work they will be completing. Planning this the night before prepares your child for their next day of learning and there is little time wasted on what work will be focused on. If a timetable works for your child then introduce one, dedicating specific time frames to specific subjects, if it doesn't then don't try to. The age and ability of your child will also influence your expectations, but you will quickly establish realistic goals and imbed your own routine. It is also important to break up learning with rest, fun, interactions, fresh air and eating. Working for long periods may lead to a lack of focus and a decrease in the quality of work they produce. At Taverham High School, students have five, one hour periods. However, you may find that working in 30 minute time frames is more productive followed by a short break before continuing. We would expect our students to complete around 3-4 hours of work per day. This timeframe will differ between age, ability and the work set by individual staff. Your child's teacher will specify the timeframe that should be dedicated to each piece of work set on ShowMyHomework.

Setting time boundaries for their home learning, even if they complain, will in fact be supporting their adjustment. Again, this may change day to day but set yourself and your child a goal every day and strive to achieve it. If one day is not as successful as you wanted, the next day is a new opportunity.

The most important thing to do is to encourage your child to want to learn. Make sure you know what information teachers are sharing over the coming days and weeks on ShowMyHomework and discuss it with your child. Remember this is a temporary situation and Taverham High School will be welcoming you all back soon to support you with your future learning.

Young people can spend a lot of their time on apps speaking with their friends and isolation will only increase their desire to communicate socially. While some communication will be positive for their mental health and building resilience, the opposite is true when social media fuels feelings of isolation and anxiety. Monitor how long and who your child is communicating with and monitor their mood to support their wellbeing. It is important to try and balance work that is completed electronically with tasks that can be completed by hand. When planning the night before, try and break up the work for the following day into tasks that are both completed electronically, and hand produced.

Over this period, you're likely to run into situations where your child doesn't understand some of their lesson content and you're unable to help. In these situations, please contact teaching staff who have set the work for specific guidance. This can be done through using the 'Comments' section linked to the work on ShowMyHomework. Guidance for how to do this is detailed in in the 'Students and Parent ShowMyHomework User Guide'. Please visit: <http://bit.ly/ths-online-learning>

Once work is complete, please add to your school work book or a home learning folder or file. Staff members will stipulate on the work whether it requires to be submitted for feedback.

For you as parents, it is also important to communicate with one another to reassure yourselves that you are doing a fantastic job but also to know that other parents are having their own struggles with home learning. This will not be forever and the time you will spend with your child will be cherished.

Trying to get your child to engage with home learning can be a difficult and frustrating task. The uncertainty can lead to a lack of motivation for young people, so they need to be encouraged and valued for what they produce. Praising small successes in the first instance can build self-confidence and give your child a sense of achievement. This in turn will build their self-confidence and a more determined, resilient learner will flourish. If the result of a day has been negative, focus on the positives, reinforce your expectations for tomorrow and enjoy normal family life.

Every young person has their own strengths and weaknesses. There will be tasks and subjects that your child will find challenging and overwhelming possibly. Encouragement to try and do their best should be praised and rewarded also. At any stage when your child starts to disengage as a result of fear of failure, stop and if you are unable to support, then please seek guidance from your child's teacher. Return to this work when you feel both you and your child are in a position to make more progress than previously.

There also must be an element of trust. You can't oversee every task your child completes throughout the day. At the end of every day, ask them to share their work, talk through what they have learnt and encourage them to be proud of their efforts, no matter how small as they would have made progress. By showing an interest in their work and making this a part of your day, your child will want to share their work with you, and they will take pride in what they have produced and invest more.

When setting your expectations for work to be completed, there may be occasions when the work produced is below the quality you were expecting. In these situations, it is important to reiterate your expectations and be constructive with your feedback. It may also be helpful to model examples for your child to work to, either produced by yourself or found online.

Providing choice can prevent disagreements and possible confrontations when your child is failing to meet your expectations. When considering your choices, make them positive so that they continue to be engaged with their learning. For example, 'you can complete this work we agreed, or start this piece of work instead'. The outcome is they are still engaged with their learning. Try and provide choice that results in learning, no matter the decision they make. Please remember that the next hour or day is always a fresh start. If you need support then please do contact your child's Form Tutor, Head of Year, Mr Blowers, Miss Green or a trusted member of staff for advice.

You know your child best and know how they best respond. Trust your instincts and guide and support your child the best way you know how to. There is no perfect way and every day may present a variety of new challenges. Staff at Taverham High School truly value the time and effort you are committing to support us as educators, and we know you are all having an extremely positive impact on your child's education.

School work is really important to ensure your child does not fall behind or is put at a disadvantage, however as children will be spending a lot of time at home and inside there is a growing concern for their wellbeing and mental health. Giving your child an opportunity to do activities that are different to schoolwork can help keep them stay healthy both mentally and physically such as Joe Wick's workout at 9am every day or doing a virtual tour of a museum. Below are some free resources and ideas to support you and your child during this tricky time.

- **The Body Coach** – workouts for kids. Joe Wicks is also doing a live workout at 9am each morning whilst schools are disrupted
<https://www.youtube.com/playlist?list=PLyCLOpd4VxBvPHOpzoEk5onAEbq40g2-k>
- **12 Virtual museum and gallery tours** - https://www.boredpanda.com/famous-museums-offering-virtual-tours/?utm_source=facebook&utm_medium=social&utm_campaign=BPFacebook
- **Audible** – are giving free access for children to hundreds of their books
- **Minecraft offers free lessons for children:** <https://www.bbc.co.uk/news/technology-52017873>
- **Mind** – support for well-being during this period - <https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/#TakeCareOfYourMentalHealthAndWellbeing>
- **Ten Percent** – free access to this meditation app – use the gift code 'Healthcare'
<https://www.tenpercent.com/>
- **CALM and Headspace** mindfulness apps – free trials available <https://www.calm.com/>
<https://www.headspace.com/>
- **The Happiness Trap** app – Use code 'TOGETHER' on subscription page for 3 free months
<https://thehappinesstrap.com/>
- **Free Yoga** app for you and students - <https://www.downdogapp.com/schools>
- **5 tips for keeping home-working aches and pains at bay** – Although this is aimed at teachers, there are some great tips from The Posture People -
<https://www.tes.com/news/5-tips-keeping-home-working-aches-and-pains-bay>
- **The Thrive Approach** – Supporting the community to weather the storm - a Facebook page that is dedicated to supporting parents and children through sharing tips and ideas on wellbeing during this difficult time - <https://www.facebook.com/groups/145621073473221/>

Where to get further help

If you have questions or are unsure about any work, the best people to get advice from are your child's teachers. Use the feature on ShowMyHomework to comment on a piece of work and your child's teacher will be able to support you with any queries. Miss R Green (KS4 and KS5 Progress Lead) and Mr S Blowers (Behaviour Lead) are always available over email, as is your child's head of year. Please find below their email addresses.

Miss R Green KS4 and KS5 Progress Lead r_green@taverhamhigh.org

Mr S Blowers Behaviour Lead s_blowers@taverhamhigh.org

Head of Year 7 Ms S Philpot s_philpot@taverhamhigh.org

Head of Year 8 Mrs S Allen s_allen@taverhamhigh.org

Head of Year 9 Miss V Phillips v.phillips@taverhamhigh.org

Head of Year 10 Mrs K Brook k_brook@taverhamhigh.org

Head of Year 11 Miss C Green c_green@taverhamhigh.org

Head of Sixth Form Mr J Linnell j.linnell@taverhamhigh.org

Assistant Headteacher Teaching and Learning Mr D Hyett d_hyett@taverhamhigh.org

There are a number of websites that have collated free resources for all age groups to aid home learning. Chatter Pack has pulled these links from many different websites and put them all in one place for you, including online safety tips, games, managing behaviour and emotional support for children. <https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

As a school, we have collated some websites through this booklet which your child could use to support their learning whilst at home. These websites are external to our organisation so it's important to remember that these sites may change and become unsafe since we created this document. We have done our best to check each site's credibility, however, there are some easy ways you can check too.

Please ensure if you are using any of the sites in our booklet, or any websites a friend or family member may have recommended, you can follow some simple steps to keep you and your family safe online.

- 1) Check that there is no unsafe content:

<https://transparencyreport.google.com/safe-browsing/search>

- 2) If you're signing up to a website, ensure to read their Privacy Policy which will contain how they will handle your data and where your data will be stored. This is very important and will help to keep you and your family's data safe whilst surfing online. Please notify us if you have any concerns about any of the websites we have listed and we will investigate.

e-Learning Platforms – All Subjects

<p style="text-align: center;">Future Learn</p>  <p>Join millions of people learning on FutureLearn. Find online courses and degrees from leading universities or organisations and start learning online today.</p> <p style="text-align: center;">www.futurelearn.com</p>	<p style="text-align: center;">Coursera</p>  <p>Join Coursera for free and learn online. Build skills with courses from top universities like Yale, Michigan, Stanford, and leading companies like Google and IBM.</p> <p style="text-align: center;">www.coursera.org</p>
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e-Learning Platforms – By Subject

English

Resource Name	Description	Website
Library link	Students need their username and password to access this resource. This is an excellent resource which our school subscribe to, including podcasts, videos and quizzes.	www.taverhamhigh.org
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Mr Bruff	This site is the official home of English teacher Andrew Bruff. The eBooks have been written to accompany the YouTube videos.	www.mrbruff.com

Maths

Resource Name	Description	Website
MyMaths	MyMaths is an interactive online teaching and homework subscription website for schools that builds pupil engagement and consolidates maths knowledge.	www.mymaths.co.uk
Corbettmaths	Corbettmaths! Home to 1000's of maths resources: Videos, Worksheets, 5-a-day, Revision Cards and much more.	www.corbettmaths.com
Mathsgenie	Maths Genie is a free GCSE and A Level revision site. It has past papers, mark schemes and model answers to GCSE and A Level exam questions.	www.mathsgenie.co.uk

Science

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Kerboodle	Kerboodle is the digital teaching, learning and assessment service from Oxford University Press.	www.kerboodle.com
Youtube	Search for Lessons on YouTube . Watch videos on your topic and learn from home.	www.youtube.com

History

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
History Extra	Thousands of historical articles on both British and world history for all levels of knowledge and interest.	www.historyextra.com
Teach History	Hundreds of worksheets , activities and games to download, print or adapt. Resources for KS3, KS4 and KS5 history teachers, with free PDFs.	www.teachhistory.co.uk

Geography

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Cool Geography	A website to help students of geography learn more about the subject.	www.coolgeography.co.uk
Geography Cat	Interesting articles, helpful links, exam prep, revision tips and more to help you enjoy geography online. And lots of cute cats too.	www.geographycat.co.uk

Computer Science

Resource Name	Description	Website
Snakify	Snakify takes your python programming skills from absolute beginner to the top of the class.	www.snakify.org
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Craig n Dave	Flipped classroom videos for the teaching of Computer Science at GCSE & A Level.	www.craigdave.org

iMedia

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Seneca	Free revision for your GCSE & A Level exams. Join over 2750000 students learning 2x faster across 250+ exam board specific A Level, GCSE & KS3 Courses.	www.senecalearning.com
Youtube	Search for Lessons on YouTube . Watch videos on your topic and learn from home.	www.youtube.com

Media Studies

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Seneca	Free revision for your GCSE & A Level exams. Join over 2750000 students learning 2x faster across 250+ exam board specific A Level, GCSE & KS3 Courses.	www.senecalearning.com
Essential Media Theory	A student friendly online site for A Level Media Studies with lots of teaching resources to use in conjunction with the Media Theory for A Level Essential Revision	www.essentialmediatheory.com

MFL - French

Resource Name	Description	Website
Memrise	Learn a language with thousands of video clips of real native speakers, fun and effective games to practice your skills.	www.memrise.com
Quizlet	Empower your students. Help every student learn anything with confidence, no matter what they're striving to achieve.	www.quizlet.com
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize

MFL - German

Resource Name	Description	Website
Memrise	Learn a language with thousands of video clips of real native speakers, fun and effective games to practice your skills.	www.memrise.com
Quizlet	Empower your students. Help every student learn anything with confidence, no matter what they're striving to achieve.	www.quizlet.com
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize

MFL - Spanish

Resource Name	Description	Website
Memrise	Learn a language with thousands of video clips of real native speakers, fun and effective games to practice your skills.	www.memrise.com
Word Reference	Free online dictionaries - Spanish, French, Italian, German and more. Conjugations, audio pronunciations and forums for your questions.	www.wordreference.com
Conjuguemos	Conjuguemos makes learning verb conjugations in Spanish, French (+ 7 other languages) easy with drill practices and fun multi-player games.	www.conjuguemos.com

Drama

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Drama Online	Collections. Playtexts. Core Collection. Nearly 1,700 plays from Bloomsbury, including Methuen Drama , and Arden Shakespeare, and Faber & Faber	www.dramaonlinelibrary.com
National Theatre Live	National Theatre Live is the National Theatre's groundbreaking project to broadcast world-class theatre to cinemas in the UK	ntlive.nationaltheatre.org.uk

PE

Resource Name	Description	Website
Youtube	Search for Lessons on YouTube . Watch videos on your topic and learn from home.	www.youtube.com Search: Joe Wicks

Music

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Education & Bass	Online music production courses and tutorials from industry leading producers - available on an affordable subscription model.	www.educationandbass.online
MuseScore	Create, play back and print beautiful sheet music with free and easy to use music notation software MuseScore . For Windows, Mac and Linux.	www.musescore.org

Design Technology & Engineering

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Technology Student	This site provides a wealth of technology information sheets for pupils and teachers.	www.technologystudent.com
Design Technology	The Design Technology Department has been created in order to provide free educational materials for schools and colleges.	www.design-technology.org

Personal Development

Resource Name	Description	Website
Massolit for Sixth form	Over 3,000 lectures across more than 400 courses. MASSOLIT works with academics from the world's best universities to produce high-quality, curriculum-linked	www.massolit.io
Kids Health	KidsHealth is the #1 most-trusted source for physician-reviewed information and advice on children's health and parenting issues.	www.kidshealth.org
Theoi	Theoi Project, a site exploring Greek mythology and the gods in classical literature and art.	www.theoi.com

Religious Studies

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Seneca	Free revision for your GCSE & A Level exams. Join over 2750000 students learning 2x faster across 250+ exam board specific A Level, GCSE & KS3 Courses.	www.senecalearning.com
RE:quest	Answering the Big Questions. Stories; Festivals; People; Symbols.	www.request.org.uk

Business Studies

Resource Name	Description	Website
Tutor2u	tutor2u partners with teachers & schools to help students maximise their performance in important exams & fulfil their potential.	www.tutor2u.net

Philosophy and Ethics

Resource Name	Description	Website
Encyclopaedia Britannica	Explore the fact-checked online encyclopaedia from Encyclopaedia Britannica with hundreds of thousands of objective articles, biographies, videos, and images.	www.britannica.com
YouTube - Crash Course Philosophy	A youtube account dedicated to explaining complicated philosophical terms and theories.	www.youtube.com Search: CrashCourse
Google Scholar	An area of Google that will only bring up academic research.	scholar.google.com

Psychology

Resource Name	Description	Website
Tutor2u	<i>tutor2u</i> partners with teachers & schools to help students maximise their performance in important exams & fulfil their potential.	www.tutor2u.net
Simply Psychology	Complete Guide to Psychology for Students, Educators & Enthusiasts.	www.simplypsychology.org
Future Learn - for EPQ students	Join millions of people learning on FutureLearn . Find online courses and degrees from leading universities or organisations and start learning online today.	www.futurelearn.com

Food Nutrition, Hospitality and Catering

Resource Name	Description	Website
BBC Bitesize	Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.	www.bbc.co.uk/bitesize
Food Standards Agency	Food Standards Agency makes sure food is safe and what it says it is.	www.food.gov.uk
Explore Food	Welcome to Explore food , a simple online nutritional analysis tool.	explorefood.foodafactoflife.org.uk

Careers, Advice and Guidance

Resource Name	Description	Website
BBC Bitesize	Get the low-down on the world of work, with Bitesize Careers . A site to help you find out what jobs you may be suited to, with videos and profiles from young	www.bbc.co.uk/bitesize/careers