

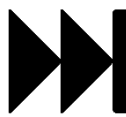


## Health & Social Care Independent Study Support

### INDEPENDENT STUDY – Preparation Consolidation Reflection

*Remember you should be studying one hour independently for every hour of lesson time. In your independent study periods, once homework and assignments are complete, you should complete tasks from the following list:*

#### Preparation



- 1 – Complete wider reading log each week. Use the resources which are outlined on the log to inform reading.
- 2 – Look at the unit specification and make notes on future learning outcomes.
- 3- Ensure your folder reflects the outcomes outlines on the unit specification.
- 4 – Keep up to date with relevant and contemporary issues within Health and Social Care using resources such as Google scholar, scholarly articles and newspapers.
- Right to life

#### Consolidation



- 1 – Using notes create revision cards for exam units (Yr 12 – Unit 4, Yr 13 – Unit 2, 3)
- 2 – Complete coursework using the task sheets and unit specifications.
- 3 – Respond to feedback provided on re-drafted work.
- 4 – Complete past exam questions which are found on the OCR website for exam units.
- 5 – Ensure electronic and physical folders are organised with sections for each learning outcome and an assessment tab.

#### Reflection



- 1 – Using notes create revision cards for exam units (Yr 12 – Unit 4, Yr 13 – Unit 2, 3)
- 2 – Make a glossary of key words/ command words.
- 3 – Complete re-drafted coursework.
- 4 – Use recall activities such as past exam questions, revision cards and knowledge maps to practice retrieval.